

Top Safety Tips!

- Make sure you know what you're doing and have been properly trained
- Obey any safety rules you have been given
- If you've been provided safety equipment or clothing, it may not look good but you should wear it for your own protection
- If you notice anything that looks dangerous, damaged or faulty **REPORT IT**
- Don't play practical jokes or fool around
- Don't use any tools, machinery or chemicals unless you have been trained and given permission to use them
- Be Smart – think before you act. Don't be afraid to say 'No' if you're not sure if the job is safe



Stay Safe

& don't become an accident statistic!

If you have any concerns about the safety of where you work, you can phone or email us at Wrexham County Borough Council for advice.

Useful contacts

Wrexham County Borough Council

Public Protection

☎ 01978 298989
✉ public_protection_service@wrexham.gov.uk
🌐 www.wrexham.gov.uk

Education Support/Welfare

☎ 01978 295419
✉ child_employment@wrexham.gov.uk

Health & Safety Executive

🌐 www.hse.gov.uk
www.hse.gov.uk/youngpeople/law/index.htm

Child Accident Prevention Trust

☎ 020 7608 3828
🌐 www.capt.org.uk

British Safety Council

🌐 www.britsafe.org/speakupstaysafe

ROSPA Young Worker

🌐 www.youngworker.co.uk

Would you like to receive a copy of this information in a different language or format (Braille, Audio Tape etc.)? If so, please contact Public Protection Services on 01978 298989 so arrangements can be made.

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Stay Safe !

A guide for young people on safety at work



Did you know that thousands of young people have accidents at work every year? Some injuries may only be minor like a paper cut to the finger but some have left people seriously and even fatally injured

This leaflet is aimed at you if you are under 18 years old & are taking part in a work experience programme or starting work for the first time.

It includes all kinds of information about health and safety in the workplace, including some examples of hazards to look out for and some tips to help you stay safe.

Your workplace might look harmless... but you may not realise how dangerous it can be....

If you are aged between 13 and 16 and live in the County Borough, you will need a permit to work from Wrexham County Borough Council.

You don't however need a work permit for work experience

Your first job, whether it's full or part-time, casual or an apprenticeship, can be an exciting and demanding experience as new responsibilities and expectations are placed on you in a working environment.

It is important to understand that employers have responsibilities towards you, whether you are employed or on work experience, and that you also have responsibilities towards them.

Your Employers' responsibilities

Your employer has a legal duty to make sure your workplace is safe.

Your employer should also have carried out an assessment of the risks at your workplace to make sure where you work and the tasks you have to carry out are safe.

Your employer should provide you with health and safety training to help you carry out your job safely.

If you have not yet reached the minimum school leaving age, your employer must provide information to your parents or guardians about the risks and control measures **before** you start work **and** register you with your local education authority (Wrexham County Borough Council)

www.wrexham.gov.uk/english/education/child_employment/parents_information.htm

Applying sensible health & safety rules can save lives & help prevent accidents



Examples of common hazards in the workplace

Slips – e.g. slipping on water spilt on a tiled floor or slipping on a highly polished floor surface

Trips - tripping over something left on the floor such as a box or a trailing cable or tripping over frayed carpet

Falls - falling down steps or stairs; falling off stepladders or chairs

Lifting & carrying - referred to as 'manual handling' you can injure yourself if you lift and carry anything incorrectly whether it is a box of envelopes or a tray of bricks

Fire - fire is a major hazard in any workplace and may be caused in a variety of ways, e.g. waste paper and smoker's materials; faulty wiring or other electrical faults; equipment overheating; chemical reactions and arson

Chemicals - there are all sorts of chemicals in workplaces which may cause harm, e.g. cleaning products



Newspaper deliveries

Top Tips

- Make sure you carry your bag properly and your load is evenly distributed
- Be seen! Wear something fluorescent or reflective
- Look out for dogs. Tell your employer if you think there's a dangerous dog on your route
- Carry a personal safety alarm/mobile phone
- If you're walking, find safe places to cross
- If you're cycling, wear a helmet, make sure your lights and brakes are working and keep your bike in good working order

Catering



Top Tips

- Beware of slippery floors – ensure spillages are cleaned up immediately, put up warning signs around wet floors and wear low-heeled non-slip shoes
- Take care when using knives to prevent cuts – always use the right knife for the job and use a cutting board
- Don't carry hot liquids further than necessary
- Don't carry too much at a time
- Always use oven gloves or a dry cloth when carrying hot pans and dishes
- Don't use the deep fat fryer unless you have been thoroughly trained